



Stephanie Gruson

780-903-1592

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ARTISTIC EXPERIENCE

2014-Current	Firefly Theatre and Circus <i>Company Member – Aerial Silks, Aerial Cube, Static Trapeze, Aerial Loop, Aerial Kite, Triple Trapeze</i>
2026	EmBODYment, SkirtAFire Festival <i>Aerial Silks</i>
2026	In Motion, University of Alberta/ Firefly Theatre & Circus <i>Aerial Silks & Ensemble Cast</i>
2024-25	Night Circus Show, Firefly Theatre & Circus <i>Aerial Silks & Ensemble Cast</i>
2023	St.John's International CircusFest <i>Flippy Hoop</i>
2023	The Great, Great, Spiegel Spectacular at K-Days, Firefly Theatre & Circus <i>Aerial Silks</i>
2021	Vivaree, Firefly Theatre & Circus <i>Aerial Silks</i>
2021	Circus Scenes from A Pandemic, Firefly Theatre & Circus <i>Static Trapeze</i>
2019	Snowflake Gala, Stollery Children's Hospital Foundation <i>Aerial Cube</i>
2018	Kolabo, Firefly Theatre & Circus <i>Aerial Cube, Aerial Silks</i>
2018	Hummingbird Gala, Alberta Diabetes Foundation <i>Aerial Cube, Aerial Silks</i>
2017	Canada's 150 th Celebration with Sarah McLachlan, Rogers Place <i>Aerial Silks accompanying Sarah McLachlan</i>
2016	Panache, Firefly Theatre & Circus <i>Static Triple Trapeze, Aerial Kite</i>

PROFFESIONAL EXPERIENCE

2020- Current	Director of Operations and Special Events <i>Firefly Theatre & Circus</i>
2020- Current	Co- Producer <i>Alberta Circus Arts Festival</i>

2015-2020 Business Development Manager
Edmonton Tourism

2012-2015 Sales Manager
Matrix Hotel

2010- 2012 Sales Manager
Sutton Place Hotel

COACHING EXPERIENCE

2018- Current Coach – Advanced silks adults, Pre- Performance Teens, Performance workshops (multiple apparatus)
Firefly Theatre and Circus

2022-Current Coach – Advanced silks adults
Sapphire Circus Arts

EDUCATION/ PROFESSIONAL TRAINING

2025 Sway Pole Intensive Training
Firefly Theatre & Circus

2023 St. John's International CircusFest
St. John's, Newfoundland

2019 Level 1 Instructor Training
Paper Doll Militia

2017 Les Rencontres de Danses Aériennes
La Voliere, St.Nazaire, France

2015 Aerial Kite intensive training with the creator of the Aerial Kite Chelsea O'Brian
San Francisco, USA

2015 Santa Barbara Floor to Air Festival
Santa Barbara, USA

2007-2009 Bachelor of Hotel and Resort Management
University of Calgary, Haskayne School of Business

2005-2007 Hospitality and Tourism Management Diploma
Red Deer College

PERSONAL INFORMATION

Languages: Fluent in written and spoken in both English and French

Nationality: Canadian/ French

Interest: Travel, Gastronomy, Lifelong learning