



9627 av Charton, Mtl, Qc, H2B 2C4

anoukvallee@yahoo.ca

+1.514.575.4534

Anouk Vallée-Charest

www.anoukvallee-charest.com

Circus artist, Artistic director and Coach

Specialties:

aerial silk, hoop, dance-trapeze, straps, aerials duos and group act

Education

- 2000-2003: · Diploma from the *National Circus School of Montreal* (DEC), Canada
- 1995-2000: · College *Jean-Eudes*, Dance option (jazz,classic,modern): 12hours/week, Montreal, Canada
- 1995-2000: · Competitive artistic gymnastic: 12 hours/week, *Pierre-Charbonneau* Center, Canada

Continuing Education

- 2023 : · Teacher training yoga formation, Kssof, Dharamshala, India (200h)
- 2020 : · Master class of aerial silk, Irena Purschke, Quebec Circus school, Québec, Canada (10h)
- 2019-20 : · Creative sessions and exploration on aerial hoop with Rachel Walker, Montreal, Canada (20h)
- 2019 : · Formation "Pédagogie and the circus" by Sylvain Rainville, En Piste, Montreal, Canada (20h)
- 2017 : · Workshop of movement and creation with Aimee Hancock, Montreal, Canada (20h)
- Workshop artistic direction and dramaturgie with Veronica Melis, Montreal, Canada (20h)
- 2015 : · Workshop with Sylvie Tourangeau "Créer avec tout ce que je suis", Montreal, Can (28h)
- Tour director formation with Marisol De Santis, Montreal, Canada (20h)
- 2013: · Workshop "Body articulated" by the master *Don Rider*, Montreal, Canada, (25h)
- 2012: · Dance Workshop, Rubberbanddance group, by *Victor Quijada*, Montreal, Canada, (15h)
- Research & creation, dance-trapeze act with *Alain Veilleux*, Montreal, Canada (20h)
- Formation of bareback and tricks horse riding & liberty, *Luna Caballera*, Canada (80h)
- Workshop "To the heart of movement" by *Don Rider*, Montreal, Canada, (21h)
- 2011: · Formation "Initiation to artistic direction", *Veronica Melis*, Montreal, Canada, (16h)
- Research & creation, dance-trapeze act with *Alain Veilleux*, Montreal, Canada (15h)
- Contemporary dance workshop, *Stephanie Decourtelle*, Montréal, Canada (24h)
- 2010: · Bareback horse riding, liberty & trick horse riding (private class), *Luna Caballera*, Canada (5h)
- "Research and creation" workshop on aerial silk and trapeze, *Aimee Hancock*, Canada (40h)
- 2009-2010: · Brazilian dance "Studio Montréal Danse", with *Mohammed Mhirit*, Québec, Canada (55h)
- 2009: · 3 time "Radiant performance" workshops, *Valerie Dean*, Montreal, Canada (120h)
- 2006: · "Break dance" class with *Kate Alsterlund*, *Caserne 18-30*, Montreal, Canada (15h)
- 2005: · Flamenco dance class, Conservatoire de danse de Montréal, Canada (15h)
- 2004: · "Radiant performance" workshop with renowned *Valerie Dean*, Montreal, Canada (40h)
- Circus workshop for "*Generating Company*", London, **England** (90h)
- 2002: · "Authentic movement" workshop with *Nicolas Cantin*, Montreal, Canada (15h)
- Improvisation workshop with *Stephane Crête*, Montreal, Canada (15h)
- 1999: · Gymnastic coach for *Club Gymnacentre*, *Pierre-Charbonneau* Center, Montreal, Can (200h)

Professional experiences

Artistic direction:

- 2002-25 : · Artistic direction, choreograph and coach for many aerial acts and shows, Montreal, Canada
- 2021 : · Co-artistic direction creating the solo show *Waves*, Montreal, Canada
- 2019 : · Choreograph for the show "The dream project", Yonder Window company, Montreal, Canada (80h)
- Assistant director and choreograph for duo silk for gala for Ferrari, *Cirque Eloize*, Montreal, Canada

2018 : · Choreograph of the aerial silk quartet for the Opening of **Dota 2, Creativiva**, Vancouver, Canada
 2014 : · Choreograph for the aerial silk quartet in Harricana Show, Amos, Canada
 2009-17 : · Artistic direction of shows: solo silk & hoop, duo silk & hoop, rope, net, trapeze, Canada (500h)
 2016 : · Director of the show "The Park", *Anouk Productions*, Hermosillo, Mexico (3 shows)
 2015-17 : · Creation of the show "Window", *Cirque Les Improbables*, Montréal, Canada
 2014 : · Creation of aerial silk quartet for "Harricana", Amos, Canada (6 shows)
 2012 : · Participation to the creation of "Utopia", *Luna Caballerra*, Quebec, Canada (20 shows)
 2010 : · Artistic direction of **Gala at the Arabic Festival, "Place Des Arts"**, Montreal, Canada (1show)

Circus companies:

2024-25 : · Show Alizé, San Pancho, Mexico, Trois-Rivière, Mont-Tremblant et Gaspé, Canada
 2021-25 : · Show Duo Loco-Motion, all around Québec (Amqui, Mont-Joli, Paspébiac, etc), Canada
 2021-25 : · Show "Battements de Cirque" Baie-Comeau & many venue in Montreal and in Quebec province
 2020 : · Show "Battements de Cirque", Tohu, Terrebonne, Candiac, Montréal, Tadoussac (10 shows)
 2019 : · Aerials shows by *Anouk Productions*, for Hors les Murs, Montreal, Canada
 2018 : · Aerial silk quartet for the Opening of Dota2, Creativiva, Vancouver, Canada
 2017 : · Aerials shows by *Anouk Productions*, for Les Grands Voiliers, La Baie, Canada (6 show)
 · Aerials shows, Anouk Productions, Inaugural Trinity Domain, St-Jean-Sur-Richelieu, Can (2 shows) ·
 Window Show, *Cirque Les Improbables*, Montreal, Canada (3 shows)
 2016 : · Window Show, *Cirque Les Improbables*, Montreal, Canada (3 shows)
 2015 : · Duo aerial silk for *Cirque Éloize* show, Arsenal, Montreal, Canada (1 show)
 · Window Show, *Cirque Les Improbables*, Montreal, Canada (1 show)
 · Circus Cabaret of *La Centaurée*, Montmagny, Canada (2 shows)
 2014 : · Creation and performance :aerial sik quartet for "Harricana", Amos, Quebec, Canada (6 shows)
 · Creation and aerial show "Duo Miror", Animation of Baie St-Paul, Quebec, Canada (3 shows)
 2013 : · Animation for the governor of Ekaterinburg, ***Cirque du Soleil Special Event***, Ekaterinbourg, **Russia**
 · Solo silk & duo aerial hoop for the ***Festival Montréal Complètement Cirque***, Montreal, Can (2shows)
 · Duo aerial hoop Cirqua Zerna annuel benefit show for *Caserne 18-30*, Montreal, Canada (2 shows)
 · Aerial silk, aerial hoop and hand to hand, opening & closing ceremony of "***Les Jeux du Québec***", Can
 2012 : · Aerial silk and aerial dance trapeze in the show Utopia, *Luna Caballerra*, Quebec, Canada (20 shows)
 · Aerial silk trio, "***Cirque Fantastic Concept***", Playa del Carmen, **Mexico** (1show)
 2011 : · Aerial silk, aerial rope duo, acrobatics for the summer tour show, "*Luna Caballera*" Qc, Can (20shows)
 · Aerial dance-trapeze, Show at "*Ecole des 3 saisons*", Terrebonne, Quebec, Canada (2 shows)
 2010 : · Aerial rope, aerial silk, harness, "*Le sillion des rêves*", ***Cirque du Soleil***, Quebec (55 shows)
 · Acrobatic, Cinderella, ***Opera of Montreal, Places des arts***, Montreal, Canada (10 shows)
 2009-10 : · Duo Hoop, duo silk loop, solo silk, ***MSC Cruise Ship, Europe & Brasil*** (180 shows)
 2009 : · Duo trapeze & aerial flying silk solo with horse, *Luna Caballera*, Quebec, Canada (65 shows)
 2009 : · Aerial silk duo & duo adagio for annual show *Caserne 18-30*, Montreal, Canada (2 shows)
 · Aerial silk hamoc duo & hand-to-hand duo, Club Med Ixtapa, **Mexico** (2 shows)
 2008 : · Aerial silk hamoc duo & hand-to-hand duo, ***Cirque Fantastique*** + events, Montreal, Can (10shows)
 2007-08 : · Aerial silk & hoop duo, Show "Four", *Casino Estoril*, Estoril, **Portugal** (265shows)
 2006-07 : · Aerial hoop duo & hand to hand duo, "*Circo Atayde Hermanos*", **Tour of Mexico** (220shows)
 2006 : · Aerial hoop duo and hand to hand for : *Robert Circus, La Feria de San Miguel*, **Mexico** (56shows),
Cabaret Akya, Quebec Tour, Can (65shows), *Robert Circus*, Hermosillo Fair, **Mexico** (55shows), *Robert Circus, La Feria De Leon*, **Mexico** (55shows), ***Shiodome Festival in Tokyo, Japan*** (45shows), Show "*On the Edge*",
 Portland, Oregon, **United States** (2shows), *Cirqua Zerna*, Montreal, Canada (2shows), *Agora Festif*, Montreal,
 Canada (2shows), Cabaret *Les Érotisserie*, Montreal, Sherbrooke, Canada (7shows)
 2005 : · Aerial hoop for the show *Cirqua Zerna*, **TOHU**, Montreal, Canada (2shows)
 · Aerial silk for the event "Agora Festif", "*Collectif Dia*", Montreal, Canada (2shows)
 · Dance solo, Show of *Dance option of Collège Jean-Eudes*, Montreal, Canada (2shows)
 2004 : · Aerial silk, show *La relève en folie*, **Monument national**, Montreal, Canada (2shows)
 · Aerial silk, corporate events, *Paizo*, **Palais des congrès**, Montreal, Canada (2shows)

2003: · Aerial silk act for the benefit *Cabaret for Haïti, Station C*, Montreal, Canada (2 shows)
2002: · Choreographic experimentations for *Cirque du Soleil & Cirque Knie*, Mtl, Canada (1 week)
2001-2003: · Shows of *National Circus School of Montreal: Qui-vive*, “*Sable*” & “*Frontière*” (30 shows)

Festivals:

2024-2025 : Many festivals around Québec province and Canada and Usa
2023 : · Aerial Silk performance at Festival Grain de Ciel, Tohu, Canada
2018-19 : · Aerial performance & animation at Montreal completely circus festival, Montreal, Canada
2016 : · Show The Park, *Anouk Productions*, Hermosillo, Mexico (3 shows)
· Aerial circus show Duo Mirror, Baie St-Paul, Quebec, Canada (2 shows)
2013: · Solo aerial silk & duo aerial hoop, “*International Jazz festival of Montreal*”, Canada (6 shows)
· Solo aerial silk & collective creation, “*Festival Siguiente Escena*”, **Mexico** (5 shows)
2012: · Circus convention: teaching workshops & presenting my trapeze act, *Cirkonvetion Mexicana*, Mexico
· Solo aerial hoop, duo aerial tissu loop & hand to hand at *Berlin Lacht Festival*, **Germany** (10 shows)
· Danse trapeze, duo trapeze & aerial hoop, *International Jazz Festival of Montreal*, Canada (5 shows)
2012-11: · Quartet trapeze, solo & duo silk, *Festival International de circo Circuba*, **La Havane, Cuba** (8 shows)
2011: · Dance-trapeze act & collective creation, “*Festival Siguiente Escena*”, **Mexico** (5 shows)
· Solo trapeze, hoop, silk & duo aerial silk, duo aerial hoop, danse, hand-to-hand (30 min. show) at the “*International Jazz festival of Montreal*”, Montreal, Canada (8 shows)
2010: · Duo aerial silk, hand to hand, juggling, acrobatics, solo trapeze (30 min. street show) at the “*International Jazz festival of Montreal*”, Montreal, Canada (8 shows)
2005: · Aerial silk, dance, hand-to-hand, character, duo aerial hoop for many shows as : *Francofolies de Montreal*, *International Jazz festival of Montreal*, “*Circus festival of Vaudreuil-Dorion*”, Festival “*Piste de lancement*”, Brussels, **Belgium**, etc.
2003-2004: · Creation & shows “*Les Anges de la rue*” at “*Festival Les Francofolies de Montreal*”, aerial silk duo, Gala “*Just for laughs festival*”, aerial silk for the show of *ENC*, “*Festival La Piste aux espoirs*”, **Belgium**

Corporate and special events:

2021 - 23 : · Spanish web and aerial cocoon for Tv show “*Les chanteurs Masqués*”, Montreal, Canada
2019-23 : · Aerial silk act and duo straps for many events with *Cirque Éloïze*, Montreal, Las Vegas, etc.
2019 : · Duo aerial straps for many events with diverse company, Montreal, etc.
2018 : · Aerial silk act and duo straps for many events with *Cirque Éloïze*, Montreal, etc.
2017 : · Aerial silk act, aerial hoop for many events with *Cirque Éloïze*, Montreal, Las Vegas, Ottawa, etc.
2014 : · Choreography and performing aerial silk quartet for “*Cirque Du Soleil*”, quartet aerial window at **Tohu**, duo aerial cocon & aerial window quartet at Palais des Congres, quatuor trapeze and aerial hoop in **Las Vegas**, *Cirque Imaginarium* in Sherbrooke etc.
2013 : · Solo aerial silk for CTV annuel gala, *Cirque du Soleil special event*, Sony Center, Toronto, Canada
2012: · Duo and Trio on aerial silk, corpo event, TOHU & more, *Cirque Fantastique Concept*, Montreal, Can
· Character for special event for the “*Cirque du Soleil*”, Mannheim, Germany (1 show)
· Aerial silk group act, corporate event for Infiniti, “*Cirque du Soleil*”, Montreal, Canada (1 show)
: Aerial silk, hoop, duo tissu loop, hand to hand act:
· *Cirque Fantastique Concept* in Mexico, Gala de la reconnaissance in Sherbrooke, Corpo for Revelon at Gare Windsor, Ima in concert at Casino of Hull and Benefit Gala at Théâtre Andre-Mathieu in Laval.
2011: · Character for corporate events, *Palais des congrès de Montréal*, Belluscious prod, Canada (1 show) · Aerial hoop solo, private event, **Stampedé, Calgary**, Canada (1 show)
· Aerial flying silk act, **Tv show “*La vie est un cirque*”**, at *Cirque Éloïze*, Montreal, Canada (1 show)
2009-10: · Aerial silk duo for private event, *Cirque Eloïze*, · Aerial silk duo, duo adagio, aerial chains duo for different events, Montreal, Canada (10 shows)
2002 -06: · Aerial silk quartet for *Cirque Eloïze*, Linz, **Austria** (1 show) , For Oakley, & *DJ Champion*
· Aerial silk, duo, aerial hoop, harness and 30 minutes show in the province of Quebec for : *Formule 1 show at Casino de Montreal*, *Hydro-Quebec*, *Air Transat at Métropolis*, *Gare Windsor and Queen Elizabeth*, *Club 1234*, *Mooba*, *LPV Productions*, the *Gala Meritas (Gatineau)*, company *CGI*, *Théâtre sans fil*, *Robert Tetrault party at Club Mansfield*, *Agropur*, *Hôtel Sheraton*, *Palais des congrès*, *Compagnie Forzani Laval Centre Premier Tech*, etc